



INTERNATIONAL BOARD OF  
**LIFESTYLE  
MEDICINE**

## **APPLICATION FORM**

International Board of Lifestyle Medicine Examination

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Name of Candidate: \_\_\_\_\_

Date: \_\_\_\_\_ Date of Examination: \_\_\_\_\_ Place of Examination: \_\_\_\_\_

Please Tick Box:

First Timer

Repeater

Absent

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### **IMPORTANT ANNOUNCEMENTS**

1. Date of Examination: \_\_\_\_\_
2. Proof of CMEs, credentials and case study must be submitted at least 30 days prior to the certification exam. CMEs must be no older than 36 months from the date of the exam.
3. In-person CMEs from Lifestyle Medicine conferences immediately preceding an exam are exempt from the above 30 day rule.
4. Deadline for submission of application form and complete requirements is on \_\_\_\_\_.
5. Documents must be emailed to [info@pclminc.org](mailto:info@pclminc.org).
6. Only those candidates who have submitted the complete requirements and have been approved by the PCLM Education Unit will be allowed to take the examination.

### **REQUIREMENTS**

1. Certificate of Completion from ACLM/ACPM Lifestyle Medicine Core Competencies (LMCC) or Foundations Lifestyle Medicine Board Review Course
2. Case Study
3. Lifestyle Medicine Conference Certificate of Attendance or screenshot of PCLM conference registration.
4. Valid Professional Regulation Commission (PRC) license (valid until the date of examination) or PRC equivalent for foreign graduates (for MDs)
5. PRC certificate (for MDs)
6. Diploma (for PhD, DrPH, MA)
7. Passport-sized picture (1.5"x1.5")
8. Proof of payment of examination fee

